

## FREEDOM-CENTERED LEADER™ ASSESSMENT

Below is a self-assessment to determine where you are on the path to becoming a Freedom-Centered Leader™. Only you will see these results, so please be honest and authentic. Please circle the word in each ROW (not column) that best describes you most of the time when you are in your workplace environment.

| POWER<br>Being in your power in the right way. |                                                        |                                                                     |                                                                        |
|------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------|------------------------------------------------------------------------|
|                                                | MINDSET:<br>FEAR-BASED                                 | TRANSITIONAL STAGE                                                  | MINDSET:<br>FREEDOM-CENTERED                                           |
| 1                                              | I am often controlling of others                       | I am sometimes controlling                                          | I focus my energy on self-control                                      |
| 2                                              | I give my power away to other people or circumstances  | I am learning how to be powerful and assertive                      | I am in my power                                                       |
| 3                                              | I create fear and drama around me                      | I enable fear and drama in others                                   | I help mitigate fear and drama                                         |
| 4                                              | I am selfish                                           | I am learning how to be less self-centered                          | I am self-less                                                         |
| 5                                              | I demand change from those around me with intimidation | I am learning how to not pressure people to get what                | I inspire change in others through a shared purpose and vision         |
| 6                                              | I like to be the winner at all times                   | I am learning how to compromise and be more cooperative with others | I believe in finding win/win answers as much as possible               |
| 7                                              | I am not good at self-management                       | I am learning how to be better at self-management                   | I am very good at self-management                                      |
| 8                                              | I submit to other people's ideas and opinions          | I am learning how to stand up for myself                            | I stand up for myself and express my opinions without fear             |
| 9                                              | I am undisciplined in my life                          | I am learning how to be more disciplined in my life                 | I practice self-discipline daily                                       |
| 10                                             | I am unethical and immoral                             | I choose to be ethical and moral when it suits my                   | I am a highly ethical and moral person even when it is difficult to be |
|                                                | TOTAL POWER:<br>_____                                  | TOTAL POWER:<br>_____                                               | TOTAL POWER:<br>_____                                                  |

## FREEDOM-CENTERED LEADER™ ASSESSMENT

| UBUNTU<br>Be at your best so others can be at their best. |                                                                    |                                                                  |                                                                      |
|-----------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------------------|
|                                                           | MINDSET:<br>FEAR-BASED                                             | TRANSITIONAL STAGE                                               | MINDSET:<br>FREEDOM-CENTERED                                         |
| 1                                                         | I am not living up to my full potential                            | I make a conscious effort to live up to my full potential        | I am living up to my full potential                                  |
| 2                                                         | I have no idea how to be at my best each day                       | I am learning what I need to do to be at my best each day        | I know what I need to do to be at my best each day, and I'm doing it |
| 3                                                         | I am not a team player and cannot collaborate with others          | I am learning how to be a team player                            | I am a team player and work extremely well with other people         |
| 4                                                         | I don't know what my purpose is in life                            | I am actively trying to figure out what my purpose is in life    | I know what my purpose is in life and I'm living it every day        |
| 5                                                         | I am not interested in growing spiritually                         | I am open to growing spiritually                                 | I am actively working to grow spiritually                            |
| 6                                                         | I lack personal accountability and often see myself as a victim    | I am learning how to be accountable for my thoughts and actions  | I take accountability for my thoughts and actions                    |
| 7                                                         | I have no vision for my life or future                             | I am actively trying to figure out what my vision is for my life | I know what my vision is for my life and I am living it every day    |
| 8                                                         | I am not a good listener, and I always anticipate my turn to speak | I am striving to be a good listener                              | I can put my own thoughts aside and be an active listener            |
| 9                                                         | I am very fearful                                                  | I am learning how to be less fearful                             | Overall, I am pretty fearless                                        |
| 10                                                        | I don't know what my core values are                               | I am starting to discover what my core values are                | I know what my core values are and I am actively living them         |
|                                                           | TOTAL UBUNTU:<br>_____                                             | TOTAL UBUNTU:<br>_____                                           | TOTAL UBUNTU:<br>_____                                               |

## FREEDOM-CENTERED LEADER™ ASSESSMENT

| LOVE<br>Learning how to love yourself so you can lead others effectively. |                                                                      |                                                                                      |                                                                                                  |
|---------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|                                                                           | MINDSET:<br>FEAR-BASED                                               | TRANSITIONAL STAGE                                                                   | MINDSET:<br>FREEDOM-CENTERED                                                                     |
| 1                                                                         | My attitude towards others depends on my mood each day               | I am learning how to be more loving and patient towards others, no matter how I feel | I am consistently loving and patient with others, even if I do not feel my best                  |
| 2                                                                         | My mind is overwhelmed with negative thoughts that put me down       | I don't have a lot of negative thoughts in my head that put me down                  | I almost never have negative thoughts in my head that put me down                                |
| 3                                                                         | I don't feel worthy of love, either from myself or from others       | I am learning to love myself                                                         | I love myself unconditionally                                                                    |
| 4                                                                         | I don't think I'm good enough                                        | Sometimes I think I'm good enough and sometimes I don't                              | I know that I am good enough                                                                     |
| 5                                                                         | I am not a very happy person                                         | Sometimes I am happy and sometimes I'm not                                           | I am able to maintain a sense of joy and happiness overall, even during challenging times        |
| 6                                                                         | I often emotionally manipulate others                                | I sometimes use manipulation to get what I want                                      | I do not emotionally manipulate others                                                           |
| 7                                                                         | I almost always feel threatened when others around me are successful | It sometimes bothers me when other people around me are successful                   | I love seeing other people succeed                                                               |
| 8                                                                         | When someone gives me feedback, it feels like a personal attack      | Sometimes I am open to feedback from others                                          | I love feedback and I see it as an opportunity for growth and development, not a personal attack |
| 9                                                                         | I am not very authentic with others                                  | I am learning how to be more authentic with others                                   | I am an authentic person                                                                         |
| 10                                                                        | I am highly critical and judgmental of others                        | Sometimes I am critical and judgmental of others                                     | I am non-judgmental of others while still maintaining high standards                             |
|                                                                           | TOTAL LOVE:<br>_____                                                 | TOTAL LOVE:<br>_____                                                                 | TOTAL LOVE:<br>_____                                                                             |
|                                                                           | OVERALL TOTAL:<br>_____                                              | OVERALL TOTAL:<br>_____                                                              | OVERALL TOTAL:<br>_____                                                                          |

## FREEDOM-CENTERED LEADER™ ASSESSMENT

## SCORING YOUR FREEDOM-CENTERED LEADER SELF-ASSESSMENT:

Please add up the number of words circled in each column. The column with the highest number of answers represents how you show up as a leader most of the time in your workplace.

## COLUMN 1 (ON THE LEFT) — A FEAR-BASED LEADER

If the majority of your answers fell in this column, you are probably more of a fear-based rather than a Freedom-Centered Leader. More than likely you are still developing a deeper sense of self-worth, self-knowledge, and purpose. If you are willing to be coachable and grow, our Freedom-Centered Leader course is perfect for you. In it, you will develop the key leadership skills you need to lead yourself and others with freedom, rather than fear and control.

## COLUMN 2 (MIDDLE COLUMN) — TRANSITIONAL STAGE

If the majority of your answers fell into this column, then you are vacillating between a fear-based leadership style and a more Freedom-Centered Leadership style. The important thing is not to get stuck here and to keep moving towards developing a more Freedom-Centered Leadership approach by deepening your sense of self-worth and self-awareness. If you are willing to be coachable and grow, our Freedom-Centered Leader course is the right fit for you. In it, you will develop the key leadership skills you need to lead with freedom.

## COLUMN 3 (ON THE RIGHT) — A FREEDOM-CENTERED LEADER

If the majority of your answers fell into this category, you are most likely a Freedom-Centered Leader. Congratulations! This means that you likely have a strong sense of self-worth and self-awareness and work hard to also bring that out in others. If you are open to continuing to deepen and broaden yourself, then our Freedom-Centered Leader course is a perfect next step for you!

## READY TO LEVEL-UP WITH THE FREEDOM-CENTERED LEADER COURSE?

Would you like to discover your purpose for your life? Are you interested in learning how to love yourself unconditionally? Would you like to know how to lead yourself and others from a place of true power rather than fear and control? If you are interested in learning more about the three core attributes of Freedom-Centered Leadership - Power, Love and Ubuntu - then we invite you to apply now for the WorldBlu Academy Freedom-Centered Leader course.

The Freedom-Centered Leader course is a 12-week transformational leadership experience that unleashes greatness, breaks through limitations, and delivers results customized to your unique leadership needs.

The Freedom-Centered Leader course is perfect for both individual leaders and teams that want to learn how to lead themselves and others with freedom rather than fear and control. It is available to anyone who wants to break through fear, level up, and achieve their dreams. They must be coachable and open to massive growth to be accepted into the program.

Join leaders from 65 countries who have all achieved breakthrough results, transforming their personal and professional lives with the Freedom-Centered Leader course.

Apply Now at

[WWW.WORLDBLU.COM/LEADERSHIP-COURSE](http://WWW.WORLDBLU.COM/LEADERSHIP-COURSE)