

THE WORLD BLU FREEDOM-CENTERED LEADER SELF-ASSESSMENT™



Below is a self-assessment to determine where this individual is on the path to becoming a Freedom-Centered Leader™. Please circle the word in each ROW (not column) that best describes how the individual you are evaluating shows up in the workplace.

Leader Being Reviewed: _____
Reviewer's Name: _____

	MIND-SET: FEAR-BASED	TRANSITION STAGE	MIND-SET: FREEDOM-CENTERED
POWER	1. Controls others	Mildly controlling of others	Exercises self-control
	2. Willing to give personal power away	Finding your power	Owning your Power
	3. Undisciplined	Growing sense of discipline	Self-disciplined
	4. Creates fear and drama	Enables fear and drama	Mitigates fear and drama
	5. Selfish	Self-aware	Selfless
	6. Demands change through intimidation and force	Provokes change through consequences and punishments	Inspires change through leadership and vision
	7. Winner takes all	Competitive	Cooperative
	8. Not self-governed	Increasingly self-governed	Self-governed
	Total Power: _____	Total Power: _____	Total Power: _____
LOVE	9. Doesn't love themselves	Beginning to love themselves	Love themselves
	10. Never good enough – identifies self with the mistake	Can sometimes separate the mistake from a personal sense of identity	Good enough even when makes a mistake; doesn't derive identity from it
	11. Conditional love (hot and cold)	Smother love	Unconditional love
	12. Emotionally manipulative	Co-dependent	Acts with integrity
	13. Highly self-critical and judgmental of others	Sometimes self-critical and judgmental of others	Non-judgmental of self and others while still maintaining high standards
	14. Self-absorbed	Serves others only when it benefits yourself	Serves others consistently
	15. Emotional invulnerable	Emotionally vulnerable depending on the situation	Authentic and emotionally vulnerable regardless of the situation
	16. Indifferent	Empathetic depending on the person	Highly empathetic and compassionate towards all
	Total Love: _____	Total Love: _____	Total Love: _____
UBUNTU	17. Not living full potential	Striving to live full potential	Living full potential
	18. Conformist	Questioner	Free thinker
	19. Renter	Resident	Citizen
	20. Not spiritual	Developing a sense of spirituality	Spiritual
	21. Unethical and immoral	Moral Relativist	Ethical and Moral
	22. Arrogant	Self-confident	Humble Assurance
	23. Lacks purpose	Striving to live purpose	Purpose-driven
	24. Victim mentality	Holds others accountable	Personally accountable
	Total Ubuntu: _____	Total Ubuntu: _____	Total Ubuntu: _____
	OVERALL TOTAL: _____	OVERALL TOTAL: _____	OVERALL TOTAL: _____
	RESULT: FEAR-BASED LEADER	RESULT: TRANSITION STAGE	RESULT: FREEDOM-CENTERED LEADER

Scoring Your Freedom-Centered Leadership Assessment :

Please add up the number of words circled in each column. The column with the highest number of answers represents where you think the leader is most of the time in your workplace.

Column 1 (on the left) – Fear-Based Leader

If the majority of the answers fell in this column, your reviewers sees you as more of a fear-based rather than a freedom-centered leader. More than likely you are still developing a deeper sense of self-worth and self-knowledge. Find a mentor, coach, or spiritual advisor who you feel comfortable working with to help you move to a more freedom-centered mind-set and way of leading.

Individuals who fall into this category will thrive in organizations with a Command and Control or Benevolent Dictatorship management style.

Column 2 (middle column) – Transitional stage from a Fear-Based to a Freedom-Centered Leader

If the majority of your answers fell into this stage, then your reviewer sees you as vacillating between a fear-based leadership style and a more freedom-centered leadership style. The important thing is not to get stuck here and to keep moving towards developing a more freedom-centered leadership approach by deepening your sense of self-worth and self-awareness.

Individuals who fall into this category will thrive in a Best Companies to Work For or in organizations with a more progressive management style.

Column 3 (on the right) – Freedom-Centered Leader

If the majority of your answers fall into this category, then your reviewer sees you as a freedom-centered leader. This means that you likely have a strong sense of self-worth and self-awareness and work hard to also bring that out in others. Continue to deepen yourself in this area and you will be a model for others as well.

Individuals who fall into this category will thrive in Freedom-Centered Organizations.